Columbia Basin Herald Tuesday, November 16, 2021 | B3

Lifestyle

VOLUNTEER

from Page B1

scene. Firefighters wear self-contained breathing apparatuses while they are in close proximity to the fire, all the while carrying heavy equipment.

'It's almost like you're doing weight lifting while wearing a breathing apparatus. The harder you breathe, the faster the oxygen goes through, so you really have to control your breathing the entire time," she

"Nine times out of 10 when you go in those burning buildings, it's dark. There's not a lot of light," Collins said. "So you're feeling (the way forward), you're using your voice and feel instead of vision. So going back to your breathing is a really good way to bring you back to center."

Firefighters learn to depend on each other at a fire scene.

'When we go into fires, we crawl on the ground. Then we have our right or left hand on a wall, and our other hand is sweeping the area to try and feel where we are and what's going on," she said. "You have your lead, who's going to tell the person behind them, 'pull to your left,' or 'wall ahead,' things like that. You really have to trust the person in front of

It's a physically demanding job, and Collins said she has had to figure out what she can and can't do.

'The first house fire I went on, I realized, when it came to pulling roof and things like that, I'm not tall enough. So I find other things (to do)," she

Pulling roof means removing roof sections to ensure there's no undetected fire above.



Grant County Fire District 5/courtesy photo

Grant County Fire District personnel gather for a night training exercise.

"You do find out really fast (that) physically it is a lot of work, and you want to make sure that you're in shape," she said.

Fires don't take the firefighters' schedules into account.

"It (a fire call) can come at any time," she said. "You always have to kind of be ready."

She cited the case of a fire on Easter Sunday.

"All of us had to leave our families to go fight that fire," she said.

So it's important to have a good support system at home, families who understand firefighters have to answer the call when it comes, she

GCFD 5 volunteers have other jobs, and in most cases employers

allow the volunteers to answer fire calls during work hours, she said.

Even though it's challenging Collins said she would encourage women to volunteer.

"It's very rewarding to give back to the community you grew up in," she said.

'The one thing I love is knowing that every time I walk into a fire, that I have six or seven of the guys that have my back. In any situation we walk into, I have a whole bunch of big brothers standing behind me, to help me do whatever I need to do," she said. "It's a second family

to me," she said. Cheryl Schweizer can be reached via email at cschweizer@

columbiabasinherald.com.

TUESDAY NOVEMBER 16

- 73 - 50 Chrisley Chrisley Chrisley Chrisley

Caught on Camera

Caught on Camera

TRAVEL

Now accepting entries...

Business, Residential and Parade Float (static display)



All proceeds benefiting the following non-profits:

- Moses Lake Senior Opportunities (Meals on Wheels, Senior Center & other senior programs)
- New Hope/Kids Hope Boys & Girls Club ML Food Bank



TO REGISTER

GO TO https://bit.ly/LUMLENTRY OR www.LightUpMosesLake.com

M- Moses Lake W- Warden O- Othello E- Ephrata S1- Dish Network* S2- DirecTV

Tonight's highlights

Charmed

(40) TNT 9:00 a.m.

French Stewart guest stars in this rebroadcast from the iconic '90s series' second season. The Infernal Council sends a genie to destroy the Power of Three by granting each of the Halliwell sisters a wish and things get more complicated for everyone.

Under the Tuscan

540 show 5:20 p.m. When Frances (Diane Lane) learns her husband is cheating, her seemingly perfect life is upended. Hoping to start anew, she buys a villa in Tuscany and begins to create relationships with the people she meets. Sandra Oh

and Lindsay Duncan also star.

Switched for Christmas

19 HALL 7:00 p.m.

Twin sisters Kate and Chris (both Candace Cameron Bure) may be identical, but that doesn't make them friends. Each envious of the other, they decide to swap places until Christmas, learning to cherish each other and value their own lives in the process. The Resident

Both the good and the bad of behind-thescenes hospital work are shown in this medical drama. Matt Czuchry, Manish Dayal and Emily VanCamp star as doctors and nurses fighting against the corrupting influence of big money in healthcare.

I Am Jazz

22 TLC 9:05 p.m. Leading into the series' seventh season, this special focuses

journey in Part 1, the 14-yearold trans activist shares her story as she transitions into womanhood. **FBI: Most Wanted** 2 KREM 10:00 p.m. Kellan Lutz and Roxy Stern-

on Jazz's life through the years

through the beginning of her

up until now. Going back

berg star as FBI special agents operating under supervisory agent Jess LaCroix (Julian Mc-Mahon). Their team hunts down the baddest of the bad, thinning out the FBI's infamous Most Wanted list in this procedural drama spinoff.

Rick and Morty 39 TOON 11:30 p.m.

Morty and his grandpa Rick are off on another intergalactic adventure in a rebroadcast of this adult animated series created by Dan Harmon and Justin Roiland. This time, Rick and Morty go on a twisting

and turning



M W O E 6 PM 6:30 7 PM 7:30 8 PM 8:30 10 PM | 10:30 You Bet Your Life Gone" (N) CBS 2 2 2 2 2 2 Life (N) 4 News (N) The Bachelorette (N) Inside Ed. Ent. Queens "Do Anything News (N) 4 KXLY 🕢 5 NBC KING News (N) News New Amsterdam "In KING 5 KING 5 KING 5 The Voice "Live Top La Brea "Origins" (N KING (5) 3 Eliminations" (N) Strange Land" (N) The Voice "Live Top NBC KHQ **(3**) 6 6 7 PBS NewsHour (N) Finding Your Roots Voces on PBS Prehisto "Tiny Teeth, American Veteran Amanpour and *PBS* **KSPS 7** 7 "The Reckoning" (N) The Resident "Who earsome Beasts" Company (N) Schitt's Creek 8 3 8 8 Big Bang Young Theory Sheldon Our Kind of People 28 28 Feud (N) Family Chicago Fire "Hold Our Ground" Chicago Fire "A ION KGPX (9) Chicago Fire "Where Chi.Fire "Then Nick Chicago Fire "Shut It | Chicago Fire "Off the 34 Porter Happened' 11 5 9 11 Dr. Phil "Talk to Dr. Flash "Armageddon, KREM 2 Extra (N) Access H. 2 Broke Dateline "Secrets of 22 22 MeTV KXMN (13) - 15 12 Addams Family Green Hogan's Hogan's A. Griffith Griffith 10 23 13 96 Beauty Gifts Posh Presents MAC Cosmetics Beauty Gift Gala 137 317 17 32 40 17 Life Below Zero Life Below Zero Life Below Zero Life Below 0 "Foods NGEO 186 276 18 - 55 20 Finding Bigfoot Finding Bigfoot "Beast of Gumhill" (N) ANPL Finding Bigfoot Finding Bigfoot Finding Bigfoot 184* 282* 19 44 27 18 A Christma Treasure Switched for Christmas ('17, Rom) Mark Write Before Christmas ('19, Rom) Chad Michael Murray, Grant Show, Torrey DeVitto. Finding Santa ('17 HALL 185 3121 eklin, Eion Bailey, Candace Cameron Bure. FOOD 20 39 52 19 Chopped Beat Flay Beat Flay BeatFlay Beat Flay Well Don Well Don Beat Flay Beat Flay 110* 231 22 - 28 22 7 Little Johnstons **1000-lb Sisters** "Welcome to Rehab Johnston " Sister!" (N) 7 Little Johnstons Am Jazz Addicted "Lucky 183*280* | 22 | - 28 | 22 | "I'm a Huge Wimp" | "Liz Leaves the Nest" | Sister! " (N) | | 23 | 41 | 17 | - | Noticiero | Noticiero | Le Pasa a Mi Familia | Rosa Guadalupe UNI Vencer el Pasado Noticiero Noticie. 270 402 24 35 32 30 NCAA Football (L) Around Interrup-College Football ESPN2 143 209 Horn (N) tion Playoff "Top 25" (N) 25 34 31 29 NCAA Basketball NCAA Basketball Phil Knight Invitational NCAA Basketball Phil Knight Invitational (L) SportsC-**ESPN** 140 206 BYU vs. Oregon Site: Moda Center (L) enter (N) 27 26 30 38 S. Wars 118*265* S. Wars | S. Wars | S. Wars FNC Gutfeld! (N) | **28 | 25 | 39 | 39 | Hannity** (N Ingraham Angle (N) Fox News (N) Tucker Carlson Hannity 205 360 29 62 23 13 Christmas 9 to 5 (2019, Romance) Joe Matchmaker Christmas (2019, Romance) Christmas on Wheels (2020, Drama) LIFE 108*252 29 62 23 13 Dinicol, George Wendt, Tiya Sircar. Michael Xavier, Tiya Sircar. 30 65 25 37 Cat Noir Cat Noir BigCity BigCity BigCity BigCity Bunk'd Corey Sevier, Emily Rose. 108* 252* BigCity BigCity Cat Noir Cat Noir 172 291 DISN BigBang LastO.G. Last O.G. Sheldon 139 247 Cuomo Prime Time Don Lemon Tonight 200 202 | 31 | 45 | 24 | 24 | Sheldon | Sheldon | BigBang | BigB TBS CNN 33 58 29 31 ** The Angry Birds Movie 2 ('19, Ani) ★★ Jurassic World: Fallen Kingdom (2018, Action) Bryce Dallas ★★ Skyscraper ('18, FX 136* 248 Josh Gad, Leslie J 34 - 34 34 Bering Sea Gold Dredged "No Country Bering Sea Gold Secretsice "Mystery Exp.Unk. "The Quest Exp. Unkown "The DISC 182*278* ld Men" (N) for King Arthu CNBC 35 49 45 40 Shark Tank Shark Tank Shark Tank The News Jay Leno's Garage Dateline 208 355 Fixer to Fabulous Fixer to Fabulous Fixer to Fabulous (N) Fixer to Fabulous (N) House House 36 33 38 41 HGTV 112*229* Hunt. (N) Hunters 37 55 37 26 Seahawk Mark Few NCAA Basketball Alcorn State at Gonzaga Seahawk In Depth WPT Poke WPT Poker Semine ROOT 414 683 Site: McCarthey Athletic Cente Hard Rock Showdowi ★★★ John Wick: Chapter 3 - Parabellum | WWE NXT (N) **Chucky** "Cape Queer" (N) Law & Order: Special Victims Unit "Sick" 105*242 ('19, Act) Halle Berry, Keanu Reeves TOON 39 54 22 43 Teen Titans Go! BobBrg 176 297 Victor Victor Victor | BobBrg | Amer.Dad | Amer.Dad | Morty Victor 40 29 35 27 NBA Basketball (L) NBA Basketball Philadelphia 76ers at Utah Jazz (L) Inside the NBA (L) NBA Basketball G.S./Broo TNT 41 27 41 35 The Curse of Oak Island "Going for the Curse of Oak Island Oak Island **Great Escapes with** Curse of Oak Island HIST 120* 269* The Gold Metal" (N) Roadblock" (N) Morgan Freeman (N) 42 57 42 49 NCAA Basketball Seton Hall at Michigan NFL Films NCAA Basketball Seton Hall at Michigan NCAA Basketball FS1 150 219 ** Shaft ('71, Crime Story) Moses Gunn, ★★★ Shaft's Big Score ('72, Act) Moses ★★★ The Learning Tree (1969, Drama) 132 256 TCM Christopher St. John, Richard Roundtree Dana Elcar, Kyle Johnson, Alex Clarke Gunn, Wally Taylor, Richard Roundtre *** Harry Potter and the Sorcerer's Stone (2001, Fantasy) Emma Chucky "Cape **SYFY** 46 122* 244[•] Potter Watson, Rupert Grint, Daniel Radcliffe NICK 47 - 47 28 Loud Loud Sponge Sponge Friends Friends Friends Friends 170 300 Loud Loud Loud Loud ** Seve the Movie (14, Spt) Jose Navar, José Luis Gutiérrez. ** Seve the Movie (2014, Sport) Jose Navar, Tiger Woods, José Luis Gutiérrez. PGA: The School of CUT Golf 401 218 **GOLF** 107*249* COM Daily S. Tosh.0 Tosh.0 SouthPk Office Tosh.0 Tosh.0 Tosh.0 51 - 58 48 Two and a Half All Cavill. Two and a Half Cavill. - Office Tosh.0 Daily S. ★★ Fantastic Four ('05, Act) PRMT 241* 241* essica Alba, Ioan Gruffudd 63 - 19 - FIFA Fútbol Eliminatoria Copa Mundial (L) La Casa de Los F TELEM Parientes a la F (N) Malverde (N) 835 406 Noticias Noticias ★★★ The Princess Diaries (2001, Family) Anne The 700 Club ★★ The Princess Diaries 2: Royal Engagement ('04, 180 311 FREE Hathaway, Hector Elizondo, Julie Andrews Julie Andrews, Hector Elizondo 99 21 14 97 Wagon Train INSP 259 364 Gunsmk. | Gunsmk. | Gunsmoke Gunsmoke "Ex-Con" | Wagon Train Wagon Train 121 56 455 121 WTT Tennis (L) Monster Jam "Round Caffeine/ 3: Houston 3" Caffeine/ Octane Octane Off the CarCass **NBCSN** 159 220 135 - 326 135 Dr. Phil OWN 189 279 - 141 Beverly Hills BRAVO 141 71 Below Deck Vanderpump R. (N) Vanderpump R. (N) Watch (N) Vanderpump Rules 129 237 500 14 631 500 Bill Maher Judas and the Black Messiah (2021, Biography) Lakeitl imple As Water ('21, Doc) Succession **HBO** 303 504 Janitors of Idaho' Stanfield, Jesse Plemons, Daniel Kaluuya 540 16 651 540 ★★★ Under the Tuscan Sun Gloria Bell (2018, Comedy) John Turturro, Zola ('20, Dra) Riley Keough Yellowjackets Dexter-SHOW 316 546 ** Moneyball (2011, Biography) Robin ★★ Real Steel (2011, Sci-Fi) Evangeline Lilly, Dakota Goyo, Hugh **AMC** 131 254 Where Art Thou? Wright, Jonah Hill, Brad Pitt.

Chrisley | Chrisley | Siwas Dance Pop (N)

Unexplained: Caught on Camera "Diabolical Dolls" (N)

Siwas Dance Pop Revolution (N) Nightly

Unexplai "Paralyzed

Haunted Hospitals

114 236

196 277

5 кінд 12:35 а.т. **6** кно 12:40 а.т. **Late Night With Seth Meyers**

Well known for his comedic timing and his somewhat sardonic delivery, "Saturday Night Live" alumnus Seth Meyers breaks down the day's news in his monologue before welcoming influential celebrity guests and getting quirky during satirical seg-ments in another episode of "Late Night With Seth Meyers." The show airs Tuesday, Nov. 16, on NBC.