

# Edmonds Beacon

YOUR HOMETOWN NEWSPAPER

728 3rd St., Ste. D Mukilteo, WA 98275

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Chris Minor in his Edmonds studio. His Deadart Studio on 218th Street SW is part of the Edmonds Art Studio Tour. Photo courtesy of Chris Minor

## Chris Minor's ghoulish lino-cut prints are part of this weekend's Edmonds Art Studio Tour

BY BRIAN SOERGER  
EDMONDSEditor@YOURBEACON.NET

Could Deadmonds be making a comeback? It's already here, if you ask Edmonds lino-cut printmaker Chris Minor, one of the artists on this weekend's Edmonds Art Studio Tour, a free annual event where participants are encouraged to visit local artists in their studios. For the newly transplanted, "Deadmonds" was a term popularized by former Mayor Dave Earling to describe a bygone

era when the city rolled up the sidewalks at 5 p.m. and a gourmet breakfast was a Denver omelette and crispy hash browns. Minor pokes fun at Edmonds' past (and we assume its present and future) through his black-and-white prints at his Deadart Studio on 218th Street SW. This weekend, he'll be joined by ceramic sculpturist Mike O'Day and ceramicist Christopher Scamehorn. Minor's website is mydeadart.com. "Coming up with the name 'mydeadart' see **ART STUDIO TOUR** page 20 ►

### Edmonds Art Studio Tour

**When:** 10 a.m.-5 p.m. Saturday and Sunday, Sept. 18-19

**Where:** Various studios in Edmonds and Lynnwood

**Tickets:** Free

**More info:** edmondsartstudiotour.com

## Attendance is down; COVID cases are tracked

Superintendent Balderas: 'We're hiring. So anybody that's listening, we're hiring'

BY BRIAN SOERGER  
EDMONDSEditor@YOURBEACON.NET

The coronavirus pandemic continues to leave its mark on the Edmonds School District, with enrollment numbers significantly down, and Edmonds-Woodway and Meadowdale high schools both reporting positive COVID cases. While enrollment was expected to drop by about 200 students, figures after the first four days of school show that number is 345, said Assistant Superintendent Greg Schwab at a school board meeting Tuesday, Sept. 14. While high school numbers are only down by six students, middle school is off its projected number by 140 students, and elementary schools off by 199 students. "We will be contacting the students who were dropped for non-attendance at the fourth-day count (Monday, Sept. 13) to understand reasons for not attempting, and attempt to re-enroll them," said Schwab. Added Superintendent Gustavo Balderas: "Some of the staff and kids have been off campus for 20 months. That is a long time." In addition to the sobering statistics, it's see **SCHOOL DISTRICT** page 9 ►

## Subscribers step up to support The Beacon

Dear readers, We wrapped up our August Subscriber Appreciation Month with many new readers as well as existing subscribers who signed up for another year, even months before their current subscription was scheduled to run out. That's support! And we appreciate words of encouragement that often come with subscription forms, especially those that say, simply, "We love The Beacon!" While we think everyone is a winner when they become a subscriber, as promised we drew names out of a hat for the prize winners in each of the communities we serve. Congratulations to: Edmonds Beacon subscribers: Mary Ellen K., Patricia W., David H. Mukilteo Beacon: Lori Lee, Tim & Judi L, Claire & Hilka E. Mill Creek Beacon: Johanna K., Brian M. And a special thank you to our advertisers who supported our drive with gift cards and vouchers. They are: Embassy Suites Lynnwood, Walnut Street Coffee, Silver Cloud Inn Mukilteo, Sante Fe Mexican Restaurant and Cantina, Ivar's Mukilteo, Kuzma's Fish Market, Bistro 76 and Waterfront Coffee Co. Even though August Subscriber Appreciation Month has ended, you can subscribe anytime. Like many newspapers, we have converted to a digital first news format so that readers can find out the latest on their phone, tablet, laptop or other digital device any time of the day or night. And we'll continue publishing our newspapers weekly for our many faithful readers who still love reading their news in print. Whether you're reading The Beacon online or in print, we appreciate your support. - Paul Archibley, Publisher

## COVID vaccine? Edmonds author loses 6 months to rare amnesia

Jennifer Bardsley balances young-adult novels with family life

BY BRIAN SOERGER  
EDMONDSEditor@YOURBEACON.NET  
AND HANNA FISHER  
UW NEWS LAB

On April 2, Jennifer Bardsley suddenly forgot everything from the past six months. It's as if Thanksgiving, Christmas, and New Year's Day never happened. After numerous tests, doctors determined Bardsley had experienced an episode of transient global amnesia. It lasted 24 hours and sent her to two hospitals. "Originally, the ambulance took me see **QUICK FIX** page 18 ►



Image from Amazon.com

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# 20 years ago: 9/11 commemorated in Edmonds

BY BRIAN SOERGEL  
EDMONDSEditor@YOURBEACON.NET

The pandemic forced a smaller version of South County Fire’s annual 9/11 ceremony at Fire Station 17 in Edmonds in 2021.

The event – on the 20th anniversary of the terrorist attacks – was not publicized, according to spokesperson Leslie Hynes, due to increased concerns about the delta variant and the increased number of hospitalizations in south Snohomish County.

“Due to the resurgence of COVID-19 in our county, we decided not to host a public gathering, and instead shared our ceremony by video to mark this solemn milestone,” said firefighter David “Bronco” Erickson, who played a key role in raising funds and coordinating construction of the 9/11 memorial in the Fallen Firefighter Park.

“Please visit our memorial on your own in small family groups to reflect on the events of that day and how it united our country and the world to condemn terrorism.”

Many of those in attendance were those who showed up every Sept. 11 at the station.

There were no firefighters present, but an honor guard did perform flag duties.

Erickson was on hand to provide comments; he also invited those attending to share memories.

Among those who did were Monica McNeal of Edmonds, executive director of the Washington state chapter of American Gold Star Mothers. Her son, Eric Ward, died 11 years ago in Afghanistan. He was a Marine.

Among those attending were Edmonds Mayor Mike Nelson, Councilmember Vivian Olson, and council candidates Will Chen and Janelle Cass.

Debbie Dawson played taps.

The centerpiece of the Edmonds memorial is an 8-foot-long, 1-ton steel beam recovered from the ruins of the World Trade Center collapse.

International Association of Fire Fighters Local 1828, representing South County



Beacon photos by Brian Soergel

Top left, Michael Reagan puts his arm around Monica McNeal after she speaks at the 9/11 ceremony in Edmonds. McNeal’s son was killed in Afghanistan. Above, Jason Matthews plays “Amazing Grace” on the bagpipes during the ceremony. Bottom left, David “Bronco” Erickson, as he does every year, was the master of ceremonies during the 9/11 ceremony.

Fire’s professional firefighters, raised funds and helped build the memorial in 2015 to honor and remember all victims of the terrorist attacks.

The memorial’s design incorporates symbolic elements representing the Twin Towers, the Pentagon, and the grassy field

of Shanksville, Penn. Four trees are planted in remembrance of the four planes, the crews, and the passengers lost.

Plaques along the base of the memorial honor each first responder and fire station company lost in the attacks. The monument’s two walls are made up of nearly

3,000 small glass panels representing each person killed in the attacks, with red glass for firefighters and blue glass for police officers arranged to form a waving American flag.

Link to South County Fire video: [youtu.be/WpNySt4wP7g](https://youtu.be/WpNySt4wP7g).



## Edmonds forms community homelessness task force

### Unauthorized use of public spaces to be considered

Edmonds Mayor Mike Nelson announced Wednesday, Sept. 15, his plan to form a community task force on homelessness to provide recommendations on how best to respond to issues facing unhoused residents.

In a news release, Nelson said, “the task force will balance compassion for unhoused individuals with the rights of all city residents in formulating potential near-term solutions. Recommendations are expected in early January.

“Homelessness is not a new issue in our city and region,” Nelson said.

“However, the COVID-19 pandemic has

put some people in the vulnerable position of losing their homes or facing potential homelessness. I

“It is crucial we help those most in need to find shelter and housing, which can assist in getting them back on their feet.

I am eager to receive the task force’s recommendations to find workable solutions.”

The recommendations the task force will focus on include:

- Options for temporary shelter/housing for unhoused residents;
- Options to revise the Edmonds city code to address unauthorized use of public spaces; and
- Ways to assist vulnerable residents to

prevent them from becoming homeless.

The task force expertise will be broad and will include members from the following organizations and potentially more:

YWCA Pathways for Women; several local churches; South County Fire community resource paramedics; social worker from the City of Edmonds (Compass Health); Edmonds Police Department;

City of Edmonds Planning Department; Human Services division from the City of Edmonds; Korean Community Service Center; City Councilmembers Vivian Olson and Adrienne Fraley-Monillas; Edmonds Senior Center social worker;

City Attorney; and Snohomish County Public Defenders Association social worker.

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The Beacon welcomes letters to the editor of 400 words or fewer and will print them as promptly as possible as space allows.

However, letters must include a first and last name, address and daytime phone number for verification purposes.

We also reserve the right to edit letters as necessary for brevity, grammar and taste.

Published letters will include the author's name and city of residence.

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# Town halls to focus on spending priorities

As the City Council prepares its budget priorities for the 2022 budgeting session, Councilmember Vivian Olson will hold six town hall meetings throughout the city to hear from residents on their spending priorities



**Vivian Olson**

You can choose the town hall closest to you or the one that best fits your schedule; each meeting will last about an hour.

“I look forward to learning the people’s priorities for spending in the different parts of town, and making sure the mayor and council get that feedback in time for the 2022 budget talks and decisions,” Olson said.

The town hall gatherings will be outdoors for added safety, as COVID-19 and the delta variant remain an ongoing concern.

Minimal seating will be provided; participants should bring a blanket or folding chairs and their own water and snacks. Plan to dress for drizzle or the cold as the town

halls will only be rescheduled if heavy rains occur.

In the coming days, should Snohomish County mandate masks for outdoor gatherings, please bring a mask.

**The Town Hall schedule**

**Saturday, Sept 18, three locations**

10:30 a.m. Pine Ridge Park, 20330 83rd Ave. W, in the parking lot

1:00 p.m. Mathay-Ballinger Park, 24100 78th Place W.

3:30 p.m. Frances Anderson Center amphitheater, 700 Main St.

**Thursday, September 23**

6 p.m. Haines Wharf Park, 16121 75th Place W.

**Saturday, September 25**

10:30 a.m. Seaview Park, 80th Avenue W/186th Street SW

**Thursday, September 30**

6 p.m. Hickman Park, 23700 104th Ave W.

Info: Vivian Olson at [vivian.olson@edmonds.wa.gov](mailto:vivian.olson@edmonds.wa.gov) or 425-361-8176.

## LET’S COOK!

### Smoky Spiced Grilled Sweet Corn

If corn on the cob is on the menu, this Smoky Spiced Grilled Sweet Corn is sure to please.

#### LET’S COOK!



ILLUSTRATION BY TERRY THE TRAVELSKETCHER

#### Ingredients:

- Sweet corn
- Olive oil

#### Smoky spice rub:

- 2 tablespoons each: kosher salt, ground cumin, sweet smoked paprika, onion granules, brown sugar and granulated sugar
- 1 tablespoon each: chipotle powder or ancho chile powder and garlic granules

#### Instructions:

Blend all the spices together. Shuck and clean corn. Rub with olive oil, then liberally rub with spice blend. Grill over medium heat to desired doneness.

Enjoy!

– Courtesy of Town & Country Markets

Send your recipes to [assistant@yourbeacon.net](mailto:assistant@yourbeacon.net) or mail them to The Beacon, 728 3rd St., Suite D, Mukilteo, WA 98275.

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Beacon photo by Brian Soergel

Will Chen will hold an event kicking off his campaign for Position 2. He spoke at the 9/11 ceremony.

## Will Chen campaign kickoff Sept. 18 at Hickman Park

City Council candidate Will Chen will have his kickoff event 11 a.m. to 1 p.m. Sept. 18 at Hickman Park, 23700 104th Ave W, Edmonds.

Chen will be facing Janelle Cass in the Nov. 3 general election. They are vying for Position 2. Luke Distelhorst was appointed to the position after Councilmember Mike Nelson won his mayoral campaign, but finished third in the August primary.

Chen is calling his event a “Mid-Autumn Celebration.” There will be music, with a

performance by authentic lion dancers. This event is free to attend, and social distancing and mask wearing are required.

Voters and the community will have the opportunity to meet Chen and ask questions.

“The lion dancers were a huge hit with the kids during the Edmonds Fourth of July Parade, and I am excited to bring them back for this event,” said Chen. “I am even more

see **WILL CHEN** page 15 ►

## Civic Park artist selection process public meeting

The development of Civic Park in Edmonds is now underway, and there will be several opportunities for community members to be involved in the creation of an art element for the park.

The new park design by Walker Macy includes the siting of a welcoming, signature artwork near the primary entry point to the park on Sixth Avenue North.

Facilitated through the City of Edmonds Arts Commission, the artwork budget is \$90,000 and professional artists residing in the Pacific Northwest region were invited to submit their qualifications for the initial application process as approved by City Council.

In April 2020, the public art selection panel reviewed applications and selected

see **CIVIC PARK** page 15 ►

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# CHUCK'S WORLD

## On the occasion of 80 weeks

560 days of dealing with a pandemic insinuated into every part of my life is reflected in 70K-plus words

I wrote a column a while back about having dinner with old friends. It was a jokey piece about accepting certain limitations of aging, and the headline was “Navigating the last part.” This was ironic, although it would take some time to be clear.

I’ve made some penpals during the pandemic. They tend to come and go, mostly readers who send me an email and then just keep writing, although occasionally an old friend will check in. A woman I used to sit next to in French class, someone I haven’t seen in 40 years, texts me a couple of times a week now. None of it’s in French.

“When are you going to start writing about the pandemic?” she asked the other day. “There’s so much to say!”

### CHUCK'S WORLD



CHUCK SIGARS  
CHUCKSIGARS@YAHOO.COM

I’m actually not sure what she had in mind. We’re just text buddies with a distant connection and a couple of mutual friends. Maybe she was imagining an opus, a sweeping look at life in the time of plague, with jokes. I honestly have no idea.

But I had to shrug and smile. This pandemic has been going on for a very long time, and it’s insinuated itself into every part of my life. Of course I’ve been writing about the pandemic. I’ve been writing about the pandemic from the beginning. I was sure of it.

That’s why the story of going out to dinner with old friends was a little ironic, or at least its title. It was the last column I wrote before I began talking about COVID-19, and I never stopped. That night was, in fact, the last part. This has all been the next part.

So I looked it up. I’ve lived through this pandemic, and written about that strangeness, every week for the past 80 weeks.

That means 560 days, which is also sort of an ugly number, a reminder that it’s been a while since we learned something wicked this way was coming. Including nearly 700,000 deaths and slightly over 70,000 words from me.

Not all of them were about the pandemic. It was always there, though, and it made me curious. I’ve passed the last year and a half under the same general conditions as all of you. I’ve not knowingly been infected with SARS-CoV-2, and neither have most of you. Long ago I was fully vaccinated, and so were you, or we wouldn’t be on speaking terms.

I have no new information, then. I just have 80 columns, and since it’s been a freaking year and a half, I thought I might read them.

I didn’t actually read every word, as if that makes this little exercise any less narcissistic, but I read enough. I wanted to remember what I was thinking and doing, and when.

I have lots of takeaways from this, none of them particularly novel. I worried about overreacting a lot, particularly in the beginning. I made one self-conscious trip to Costco to buy supplies, almost all of them, in retrospect, the wrong ones (I would have stocked up on flour; it took me six weeks after we shut down to locate some).

As the weeks went by, it was surprising to see the anticipation of a return to normal fade into acceptance. There was talk about live performances never returning. There was a lot of talk about a serious economic crisis.

And despite the unknown nature of a novel coronavirus, and the daily nonsense coming out of the White House at the time, most of us seemed resigned by summer to the long haul. Reading back, I get the strong sense that many of us thought we’d be mitigating disease transmission for years, if not forever.

Thoughts of a vaccine seemed to be rare, a distant hope, and more along the lines of the annual flu shot many of us are used to getting every fall. I see no indication that any of us expected this sort of success rate.

Or this much resistance, although we should have. Even in the early days, it should have been obvious that we would be not only fighting a virus, but each other.

But there were fun moments, too. There was that glorious Easter morning in 2020, when I walked into the store and found an aisle filled with toilet paper, of all kinds and brands. I expected to see Willy Wonka grinning at me from around the corner.

This surprised me, though. It was indulgent and weird to try to crawl back inside my own head to figure out what I was thinking. I was amused, irritated, angry, scared, paranoid, a little angrier, and bored. I determined the five stages of pandemic response and all of them involved donuts.

There were other stages.

But in the end of this marathon of gazing at my own navel, I was surprised to find hope. It’s been an awful 18 months, and it’s still awful. People are still dying, and the deadly combination of denial and delta has turned an optimistic summer into another surge.

That’s the hope, though.

People still wave when we pass on the street. Our economy took a hit but didn’t crash, and in fact showed surprising resiliency. And we got a miracle, a slew of vaccines with unexpectedly high success rates. Now if people would just get them, but still. I have hope.

Because something wicked came, 18 months ago, and we’re still here.

And I will literally wave at anyone these days.

# SKETCHING EDMONDS



Series of four watercolor with ink studies. Images courtesy of Tracy Felix

## Sunset at Brackett’s Landing

The other day, when the Edmonds Sketchers group arrived at Brackett’s Landing, we hoped to capture the blazing colors that crossed the skies the evening before. But North-west sunsets can be fickle.

Still, there’s something to be said for every sunset. We were presented with a majestic but somewhat ominous bank of dark clouds approaching in the distance. If you looked

closely, you would notice a very fine rain and marine mist.

We launched into a study of gray, but when one takes a moment to look, there is always color to be found. The brush dips into the box of watercolors and a painting appears in the sketchbook.

Such a lovely thing to do. It was uncharacteristically quiet on the beach. A few couples strolled along hand in hand, but most had taken shelter. We remained, enjoying the fresh air and camaraderie, only packing up our drawing materials well after darkness descended.

### from LETTERS page 4

be here and the significance of the small blue, red, and clear glass squares that make up the image of our flag on the two standing walls.

A sobering steel beam recovered from Ground Zero stands in the center, with metal representations of the Twin Towers standing below it on both sides. Around the base, four metal plates list the names and ages of all the fallen from the fire, EMS, and police departments.

It is framed by two walls with small red, blue and clear glass squares, placed to create an image of a waving flag, representing the 60 police (blue), 343 firefighters (red) and 2,574 civilians who died that day.

Many flowers had been laid at the base, and a few individual roses, left lying across the bent rivets running up the sides of the beam, were to me a poignant symbol, whether intentional or not, of so many first responders who gave their lives, climbing up and down stairs of the Twin Towers to save others, many who lived because of their courage, sacrifice, and dedication to duty.

Learning just some of what went

into the creation of this memorial made our visit here so much more meaningful, adding to our respect and gratitude, not only for all those who died, but the local firefighters and others responsible for creating this memorial for our town.

We enjoyed meeting and were grateful to Bronco, a humble and dedicated 30-year firefighter stationed in Edmonds. He answered our questions, sharing more background about the design, as well as the acquiring and transporting of the steel beam.

It was quite a process, one that most outsiders don’t think about, but requires a lot of planning and

dedication. And, as we discovered later, he was one of those having a big part in making it a reality. We left feeling humbled and grateful, once again, for those first-responders and all the citizens who lost their lives, many in heroic ways, and the loved ones left behind 20 years ago today.

Vicki Hone Smith  
Edmonds

### Alicia Crank: Not my choice for City Council

I will not be supporting Alicia

see MORE LETTERS page 14 ►

### Sudoku solution

5	3	7	8	2	6	1	9	4
4	1	9	3	7	5	8	6	2
2	6	8	1	4	9	7	5	3
8	2	6	9	5	7	4	3	1
9	4	1	6	8	3	2	7	5
7	5	3	4	1	2	9	8	6
1	8	5	7	6	4	3	2	9
3	7	2	5	9	1	6	4	8
6	9	4	2	3	8	5	1	7

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
L	E	M	A	R	A	I	S	R	O	M	E																		
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### News Tips

The Beacon invites readers to share story tips and ideas. If you see or know of some news deserving of coverage, email Editor Brian Soergel at edmondseditor@yourbeacon.net or call the newsroom at 425-347-5634 ext. 235.





# ECA season: Concerts, movies, performances

The 2021-22 season at the Edmonds Center for the Arts features Marty Stuart & His Fabulous Superlatives, Big Bad Voodoo Daddy, Pink Martini featuring China Forbes, AJ Croce, Paula Poundstone, The Mavericks, Asleep at the Wheel, among others.

The season begins Thursday, Sept. 16. New for the season is the Music on Film Series, a collection of critically acclaimed documentary films that celebrate music and the power of the artist.

Each event is hosted by a local film critic or cinephile, who introduces the film and leads a Q&A after the screening. The documentaries will be shown on ECA's state-of-the-art digital cinema system. Tickets are \$10.

**The ECA Music on Film Series**  
"Muscle Shoals" (2013). Thursday, Oct. 21  
"Amazing Grace" (2019). Thursday, Jan. 13  
"20 Feet From Stardom" (2013). Thursday, March 10

**Saturday matinees**  
This season, ECA also offers three Saturday matinees for audiences of all ages. The lineup includes performances by Catapult, whose production features dancers working behind a screen to create shadow silhouettes of shapes from the world; Terrance Simien & The Zydeco Experience's Creole for Kidz program shares the history of Zydeco in a performance that has reached over 500,000 people of all ages around the globe; and Billboard charting band Sultans of String and their genre-hopping passport of Celtic reels, flamenco, gypsy-jazz, Arabic, Cuban, and South Asian rhythms.

Saturday Matinee performances are \$10. Committed to increasing access to the performing arts, ECA is pleased to offer \$2 tickets to low-income school groups, families, and older adults through the Arts for Everyone program.

Single tickets are on sale now.  
Info: [ec4arts.org](http://ec4arts.org), [boxoffice@ec4arts.org](mailto:boxoffice@ec4arts.org), 425-275-09595.



Ensemble Mik Nawooj

Photo courtesy of Pat Mazzara



Joan Osborne

Photo courtesy of Joan Osborne



The Mavericks

Photo courtesy of JRPR

## COVID update

ECA joins performing arts venues across the Pacific Northwest region in requiring proof of vaccination for entry to all performances and events. Additionally, masking is required inside ECA.

All patrons, staff, and volunteers will be

required to wear masks, except while actively eating or drinking

All ECA Presented events begin at 7:30 p.m., with youth and student pricing available. There's a 10% discount for seniors 62-plus, and military.

Marty Stuart & His Fabulous Superlatives: Thursday, Sept. 16, \$29-\$64

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Photo courtesy of Edmonds Historical Museum  
2020's top vote getter, "Muerte Florecida (Death in Bloom)," was entered by Maria Montalvo, Strom Peterson, and Marjie Bowker.

# Edmonds Scarecrow Festival is now on

The weather's getting cooler, and the sun is playing hide-and-seek.  
It must be scarecrow season. Yes, the Edmonds Historical Museum's Scarecrow Festival is now in its ninth year and ready to hit the pavement.  
"Though we are still stuck in the nightmare that is '2020 The Sequel,' we can battle these COVID zombie blues with a dash of fall flair and pumpkin-spiced whimsicality," said Emily Scott, the festival's so-called "master of crows."  
Entrants can now register their scarecrow on the museum's Edmonds Scarecrow Festival website: <https://bit.ly/3E9Zaji>.  
You can now register your scarecrow creations under six categories: Residential (single or multifamily, care facilities); Retail Business (stores and shops, except art galleries); Service Business (legal, medical, travel, salon); Financial/Insurance/Real Estate; Arts/Government/School/Civil; and Food and Beverage Business.  
There is also a non-voting category for those that just want to display instead of play. All scarecrows are welcome, Scott said.  
There will be three additional special recognition" awards for the top vote getter, first-time builder (residential and non-residential), and the best depiction of Edmonds history.  
Visit the website to learn more about the festival, read the updated FAQ, and get information on how to build a scarecrow.  
Beginning Oct. 18, everyone can cast their votes online at the museum's website to determine the best scarecrow in six categories. The winners will be announced Nov. 3. Winners in each category will receive an award certificate and goody bag.

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# Muscling in: Classic Car Show

Rain casualty: Motorcycles are nowhere to be seen

BY BRIAN SOERGEL  
EDMONDSEDITOR@YOURBEACON.NET

The 20th anniversary of the Edmonds Classic Car & Motorcycle Show was short on motorcycles, as the drizzly skies no doubt kept some away.  
But there were plenty of muscle and classic cars on view – as well as some righteous VW Bugs and even some mini-Jaguars from Bellevue-based JuniorCars.com. These half-scale vehicles actually run.  
In all, more than 250 buffed and shiny vehicles were on view in downtown Edmonds, centered by the fountain.  
As always, North Sound Church served fresh pancakes, sausages, and coffee for a great price – free.



Clockwise from the top: Sig Hansen of the TV series "Deadliest Catch," a resident of Innis Arden, and his Mustang Boss 302. A half-scale Jaguar from JuniorCars.com drew plenty of admiring glances. Pancake masters at North Sound Church, from left: Wallace Warren, Don Matson, and Danny Shadle.

Beacon photos by Brian Soergel

LET'S COOK!

Recipe Submission Form

Please feel free to submit more than one recipe!

Name \_\_\_\_\_

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\*Required information. Only name & city published

Recipe Name \_\_\_\_\_

Recipe Category

☐ Soups

☐ Baked Goods

☐ Breakfast

☐ Lunch

☐ Dinner

☐ Dessert

☐ Other

Dietary Specifications

☐ Dairy Free

☐ Gluten Free

☐ Vegan

☐ Vegetarian

☐ None

☐ Other

Ingredients

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Edmonds

Art

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SEPTEMBER 18 & 19

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# AROUNDTOWN

**EDITOR'S NOTE:** The Beacon publishes nonprofit events, as space allows, open to the public in Edmonds. Although some events are now being held in person, many are still virtual on Zoom, Facebook or other sites. It is recommended to call or email the event ahead of time to make sure a particular event is still happening.

Submit calendar events two weeks in advance of Thursday publication date to The Beacon through mail or online at edmondsbeacon.com. Select "Submit events to event calendar."

## SEPT. 16

**ART WALK EDMONDS**

5-8 p.m. Free Centered around the fountain in downtown Edmonds. Due to the rise of the delta variant, the state of Washington has reinstating a mask mandate indoors for all residents over the age of 5, regardless of vaccination status. Info: artwalkedmonds.com.

## SEPT. 18

**SUMMER MARKET**

9 a.m.-2 p.m. through Oct. 9. The larger Summer Market includes many market regulars, including Bubba's Salsa, Wilson Fish, Deborah's Pies, Frog Song Farm, Sky Valley Family Farm, Neng Garden, Market Mini's (donuts), Snohomish Bakery, Metalwings, Lopez Island Vineyards, Homestead Honey, La Pasta, The Old Farmer, Mosaics and More, and Pete's Perfect Toffee. Fifth Avenue North and Bell Street.

**FREE WORKSHOP ON WILLS**

9:30 a.m.-12:30 p.m. Snohomish County Legal services presents free clinic on wills to qualifying seniors. By appointment only. Edmonds Waterfront Center, 220 Railroad Ave., Edmonds. Info: 425-774-5555.

**EDMONDS ART STUDIO TOUR**

10 a.m.-5 p.m. Planned as an in-person community engagement, opening the studios of artists to those interested in purchasing handmade works and learning more about each artist's creative process. Masks required. Free. Info: edmondsartstudiotour.com.

## SEPT. 19

**EDMONDS ART STUDIO TOUR**

10 a.m.-5 p.m. Planned as an in-person community engagement, opening the studios of artists to those interested in purchasing handmade works and learning more about each artist's creative process. Masks required. Free. Info: edmondsartstudiotour.com.

## SEPT. 20

**EDMONDS PARKS DURING A PANDEMIC**

10 a.m.-noon. Edmonds Floretum Club meeting information will be first followed by the program. Angie Feser, Parks and Recreation director, will give us an overview of the year and what's going on with Edmonds parks and city beautification. Open to members and non-members. To receive the Zoom link: edmondsfloretum@hotmail.com. Info: edmondsfloretumgardenclub.org.

## SEPT. 25

**VIRTUAL FAMILY ART WORKSHOP**

11 a.m.-noon. "Sketching a Fall Left." Local artist Kathleen Moore will lead the free workshop exploring drawing and painting leaves. Register: https://bit.ly/2WRPan0.

## ONGOING

**HELP RESTORE YOST PARK**

Edmonds Stewards meet every Saturday from 9-11 a.m. to remove invasive plants and restore natives. Helpers meet near the tennis courts and bring their own gardening gloves. To join, just show up or sign-in at http://www.soundsalmonsolutions.org/edmonds-stewards.

**SOUTH COUNTY WALKS**

9:30 a.m. Tuesdays through Sept. 2. Walkers meet at the Edmonds Waterfront Center, 220 Railroad Ave. Walks are typically two to three miles, varying by location. Sponsored by Verdant Health Commission. Info: https://bit.ly/3rIR9eh.

► from **ARTS & APPETITE** page 4

The hot pot is usually served boiling, literally, at the table, in a huge bowl overflowing with goodness, so you have to wait a few moments after your meal is served to dig in. Because of recent delta variant news, we are back to takeout and were able to enjoy our dishes as soon as we got back home. (Yes, hot pot is a great option for takeout.)

Calling in my order was a piece of cake, and the small restaurant has the in-room dining and take-out, as well as a small market area, very well separated.

Our choices, after much back and forth studying the menu, were the lamb (#5 hot soup) and milk cream curry (#6), as well as the hot spring egg on rice appetizer (\$3.60). The soups came in well-sealed containers (both at \$15.80), with extra vermicelli noodles on the side (steaming in hot water), and while the two were very different on a flavor profile, they were similar in being incredibly yummy.

The lamb hot pot was a veritable smorgasbord of tastes and textures, with sliced lamb being just one of the proteins in addition to crab, fish cake, fried tofu skin (yes and so very good), clams, firm tofu, and an egg.

The Napa cabbage maintained its crunch, but was warmed through from the incredibly rich broth, and the mustard greens, fried taro, and two kinds of mushrooms really made for a satisfying meal. Every bite is different, but the soup broth, well, I can only imagine how long it takes them to get that depth of flavor.

The milk cream curry was like nothing I had tried before, and I am so glad I did. It, too, had Napa cabbage, vermicelli, mushrooms, crab, fish balls, and fried tofu skin, but also sliced pork, corn, potatoes, Chinese string beans, and a sea salt cream that made the curry broth so very flavorful.

The egg on rice was my favorite bite of the night, though. With the sweetness of the green onion and the creaminess of the perfectly poached egg (flavored by the dashi, soy, and mirin), the rice was a bowl of comfort food that my dad would have raved about.

Boiling Point started in California with one restaurant and just three hot soups, and they have since expanded to five Boiling Point locations in Washington, as well as several in California, one in Japan, and a couple in Canada.

They are slowly bringing their version of



Photo courtesy of Maria A. Montalvo

**The hot spring egg on rice appetizer at Boiling Point in Edmonds.**

the hot pot to many soon-to-be fans.

The Boiling Point is located on Highway 99 in Edmonds (22001 Highway 99, #100) and is open daily from 11 a.m.-9 p.m. (9:30 on Friday and Saturday). Info: bpgroupusa.com.

### Update

Most of you have likely heard the news about the fire and suspected arson at the Plum Tree Plaza on Highway 99. The store most badly damaged because of this senseless crime was the Waroeng Jajanan Indonesian market, which I reviewed in May 2019 ([bit.ly/398XQs2](https://bit.ly/398XQs2)).



It is always terrible to see someone suffer the loss of their livelihood and the fruits of their labor, and this one is also a big loss to all of us who live nearby.

Waroeng Jajanan specialized in Indonesian street food, and it was the place to go if you had traveled to Indonesia and wanted to be reminded of the sights, smells, and tastes. It was both a market and restaurant, and the staff were so very kind and helpful, as well as enlightening when it came to recommending menu items to try.

In my original review, I recalled not only the warm service and fantastic food, but the 20-minute tour of the market we were treated to by the two folks working that night. They explained all of the ingredients and how some of the dishes were made.

They were wonderful ambassadors for their restaurant and their cuisine. More importantly, they were welcoming members of our community who understood that reaching out and learning about each other is what makes us human.

I don't know if Waroeng Jajanan Indonesian Market will be able to rebuild, but I hope so.

CROSSWORD

Puzzle Theme: Travel

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38						39						

Puzzle by Myles Mellor

- Across**
  - Fashionable area in Paris, 2. words
  - City which boasts the Trevi Fountain
  - Portuguese wine city
  - Stockholm's sea
  - 007's doctor foe
  - Terrific!
  - Thailand city famous for the Big Buddha and expansive sandy beaches
  - Said "I do" together
  - Indian bread
  - Cream-filled pastry
  - Popular Grand Canyon trail
  - Movie extraterrestrial
  - Spectacular natural phenomena in Alaska
  - Impressive London art galleries
- Down**
  - Rhone river city in France
  - Cow noise
  - Beaten track
  - Des Moines state
  - Where Senators play
  - Spanish epic hero, 2 words
  - City at the foot of Mt. Etna
  - Some music
- "Love Will Find \_\_\_\_" (2 words)
  - Location of the El Capitan rock formation
  - Part of a Buddhist title
  - Dutch cheese
  - Middle Eastern city with the spectacular Burj Khalifa
- Top position
  - College deg.
  - Pilot's announcement, for short
  - The world's largest dormant volcano, in Maui
  - GPS heading, sometimes
  - Eastern European capital
  - Morning time
  - Bearded blossom
  - NYC museum famous for its exhibits, 2 words
  - Polynesian island with black sand beaches
  - Tennis's Novak Djokovic, by birth
  - Large bankroll
  - Sweet potato
  - \_\_\_\_ Glory (U.S. flag)

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			6		3			
				1	2	9	8	6
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	7		5				4	
6	9						1	

Sudoku solution on page 5

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# HomeStreet Bank provides \$5K to support EC students

*Project Home Association donates rental and hotel assistance to students facing homelessness*

HomeStreet Bank recently donated \$5,000 to Edmonds College’s Project Home Association (PHA), which provides rental and hotel assistance to students facing homelessness. The donation marks 12 years of support from HomeStreet Bank.

“HomeStreet Bank is committed to being an active member in the communities we serve,” said Marilla Sargent, vice president and branch manager of the Mountlake Terrace office.

“In 2020, HomeStreet Bank donated \$1 million to local nonprofit organizations, and our employees recorded 7,000 hours of volunteer time with 280 charities across our footprint.”

“HomeStreet Bank’s enduring support has helped our students stay housed, continue their studies, and pursue their dreams,” said EC President Amit B. Singh. “We are incredibly grateful.”

PHA is under the direction of the Center for Student Engagement and Leadership (CSEL), Housing and Residence Life, and the Project Home Ambassador Student Club. It meets regularly to review scholarship applications and make awards. Last year, it provided 18 scholarships to students totaling approximately \$20,000.

The college’s other efforts to address students’ basic needs include the campus food pantry, emergency funding provided through the EC Foundation and Student Emergency Assistance Grant, and housing assistance through Supporting Students Experiencing Homelessness (SSEH) Grant.



Photo courtesy of Edmonds College

Marilla Sargent presents EC President Amit B. Singh with a check supporting the Project Home Association at Edmonds College.

## from SCHOOL DISTRICT page 1

clear that many teachers, staff, and paraeducators have also left the district.

Although Balderas did not link Gov. Jay Inslee’s order that all K-12 teachers and staff in Washington state could be fired if they aren’t fully vaccinated by Oct. 18, he did hint that COVID has certainly affected the district’s employee numbers.

“We’re hiring. So anybody that’s listening, we’re hiring,” said Balderas. “Contact our Human Resources department and see what positions are available. We’re hiring for all positions at the building level.”

As far as COVID numbers go, information on positive cases is reported on the district’s COVID-19 dashboard at edmonds.wednet.edu. From the first day of school, the district reported 12 positive cases, including two at Maplewood Parent Coop, two at Edmonds-Woodway, one at Seaview Elementary, and one at Meadowdale High.

The dashboard also shows the number of people who could have had close contact

with those who tested positive. For example, 40 for the one E-W report Sept. 13 and 43 for the Meadowdale report Sept. 10.

Since June 30, 20 district staff have tested positive, including at the district office, Edmonds-Woodway, Meadowdale High, and College Place Middle/Elementary.

According to Harmony Weinberg, spokesperson for the district: “We update our COVID-19 dashboard once all contact tracing is complete in a case, and communication is sent to those affected and/or who attend the school/district site.”

A close contact is someone who was within 6 feet of a person with COVID for at least 15 minutes, cumulative, over a 24-hour period during the time when a person was infected.

In the K-12 indoor classroom, the close contact definition is 3 feet away from an infected person when both students are fully masked and other preventative measures are in place. This does not apply to adults in the classroom setting.

see ATTENDANCE DOWN page 15 ▶

## School District: Board meetings to continue remotely

Edmonds School District school board meeting will continue to be held remotely after the Snohomish Health District recommended public meetings be held remotely too decrease the public spread of COVID-19.

**New digital agenda, minutes, video archive system**

The Edmonds School District now uses new digital system for school board agendas and minutes called “BoardDocs.”

According to the district, the system combines the agenda and board meeting livestream on one platform, making it easier for the public to follow along during the meetings.

The meeting agenda is available to the public the Friday prior to the Tuesday meeting.

For more information on upcoming agendas using the new tool: [bit.ly/ESDSchoolBoardStream](https://bit.ly/ESDSchoolBoardStream).

**School Board meetings will continue to be live streamed**

The community can stream school board meetings by clicking on the meeting date and then on the video icon: [bit.ly/ESDSchoolBoardStream](https://bit.ly/ESDSchoolBoardStream). Archived board meeting videos and agendas will also be available.

**Public comments**

Those who would like to speak during the virtual meeting may register until 3 p.m. the day of the meeting. The board will continue to accept written comments, but will not read them aloud. Written comments received will be published with the approved minutes.

The board will provide up to 30 minutes at each regular meeting during which the public may comment live. If the entire 30 minutes has been used, the board president will have the discretion to provide additional time for comments later in the meeting.

The board encourages public comments; each speakers’ time is limited to three minutes.

## from FERGUSON page 4

Returning adults churn gravel beds in the streams as they build nests. This loosens the substrate and promotes increased subsurface flow and aquatic bug productivity. Females, of course, do all the work, while the males just watch.

Adult carcasses feed a variety of native birds and mammals. They also bring ocean derived nutrients back into streams. These imported nutrients help boost the productivity of streams, which in turn boosts salmon production.

Aside from the outright blockages, there are other problems that our salmon face. Illegal removal of the natural vegetation around

streams is one. Shrubs and trees provide shade and put leaves, seeds, and bugs into the water. Putting a lawn right up to the edge of creek might look nice but it does serious harm.

Dogs are a problem for spawning adults. Only about 1% of salmon survive to make it back to spawn. It is a shame to have beat those odds only to die in the jaws of a dog just before completing the mission.

Water in our streams drains from roads and residential neighborhoods. We have a big impact on the quality of that water.

Being careful about what we put on our yards and in our storm drains, keeping pets under control, and supporting efforts to remove blockages, are all things we can do to help bring back the salmon.

## from EDMONDS CHAMBER page 4

Since this revenue is vital to fund the chamber’s operations year-round, the path ahead into 2022 – and having the resources to stage future community events – is very challenging.

The chamber did not apply for the Edmonds Rescue Plan grant. As a 501(c)(6) not-for-profit, we have frequently been ineligible for funding targeted towards nonprofits, where only 501(c)(3) organizations are eligible.

We were so overwhelmed in planning the 4th of July and Taste Edmonds events on such short notice that we failed to seek further clarification, as we now are aware that we were eligible.

We do intend to apply for future funding, should a second round of the rescue plan become available.

The chamber is passionate about creating community building events to enrich our city and its citizens. Our very existence and the community events that are so beloved are at risk without finding alternative funding sources including grants, such as the Edmonds Rescue Plan, and fundraising campaigns.

We are thankful for the community assistance in this goal.

*This Guest View was signed by executive committee members of the Edmonds Chamber of Commerce board of directors: Rob Schwertley, Erika Barnett, Anne Penny, Ava Dubno, Ralph Sanders, and Nancy Ekrem.*

MEADOWDALE

### Athlete of the Week

Senior Captain Tristan Ahlstedt is the leading rusher on the Meadowdale Maverick Football Team. Playing both ways this year as a running back and safety, Tristan is a true leader, leaving it all on the field. Tristan is excited to be playing again after a shortened season last winter. In his fourth year of football, he has demonstrated a great work ethic to be mirrored by the next generation of Maverick athletes, and his efforts on the field make him a fan favorite. Tristan is also a solid student with an impressive 3.633 GPA. That is why Tristan Ahlstedt is our Meadowdale High School Athlete of the Week.

**Tristan Ahlstedt**  
Football

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EDMONDS-WOODWAY

### Athlete of the Week

This week’s Edmonds-Woodway student athlete of the week is junior Tennis player Grant Oliver. EWHS started the season off right with a win over Jackson High School 4-3. Grant won his singles match 6-1 6-3 in helping secure the victory. Coach Dan Crist praises Grant’s work ethic and describes him as a player who will never give up and will battle for every point. Grant is a two year returning varsity player where he also played singles as a sophomore and a freshman. Grant said he is excited for the team to build on this win vs Jackson and also enjoys watching and rooting on his teammates. Grant also excels in the classroom with a 4.0 GPA with his favorite subject being Math. Grant loves all sports and enjoys playing them with his friends.

**Grant Oliver**  
Boys Tennis

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# SAVVY SENIOR

## Obscure Social Security program helps seniors manage their money

Dear Savvy Senior, Does Social Security offer any special help to beneficiaries who struggle managing their benefits? My aunt, who has no children, has dementia and struggles keeping up with her bills and other financial duties.

— Inquiring Niece

Dear Inquiring, Yes, Social Security actually has a little-known program called the “representative payee program” that helps beneficiaries who need help managing their Social Security benefit payments. Here’s what you should know.

### SAVVY SENIOR



BY JIM MILLER

#### Representative Payee Program

Authorized by Congress back in 1939, the Social Security representative payee program provides money management help to beneficiaries who are incapable of managing their Social Security income. Beneficiaries in need of this help are often seniors suffering from dementia, or minor children who are collecting Social Security survivors’ benefits.

Currently more than five million Social Security beneficiaries have representative payees.

Representative payees also handle benefits for nearly three million recipients of Supplemental Security Income (SSI), a Social Security administered benefit program for low-income people who are over 65, blind or disabled.

#### Who Are Payees?

A representative payee is typically a relative or close friend of the beneficiary needing assistance, but Social Security can

also name an organization or institution for the role – like a nursing home or social-service agency.

Some of the duties of a representative payee include:

- Using the beneficiary’s Social Security or SSI payments to meet their essential needs, such as food, shelter, household bills and medical care. The money can also be used for personal needs like clothing and recreation.
- Keeping any remaining money from benefit payments in an interest-bearing bank account or savings bonds for the beneficiary’s future needs.
- Keeping records of benefit payments received and how the money was spent or saved.

• Reporting to Social Security any changes or events that could affect the beneficiary’s payments (for example, a move, marriage, divorce or death).

• Reporting any circumstances that affect the payee’s ability to serve in the role.

As a representative payee, you cannot combine the beneficiary’s Social Security payments with your own money or use them for your own needs. The bank account into which benefits are deposited should be fully owned by the beneficiary, with the payee listed as financial agent.

Some payees, generally those who do not live with the beneficiary, are required to submit annual reports to Social Security accounting for how benefits are used. For more information on the responsibilities and restrictions that come with the role, see the Social Security publication “A Guide for Representative Payees” at SSA.gov/pubs/EN-05-10076.pdf.

see MILLER page 13 ►

# PRIMELIVING

A F O C U S O N T H E G O L D E N Y E A R S

## WANDERLUST

## Escape the crowds at Grand Canyon’s quiet side

If you’re a first-time visitor to the Grand Canyon, you’ll most likely go to the South Rim. With its iconic images, large viewing areas and plenty of services, this is the more popular side of the canyon.

But if you’ve already been there, done that, and want more of this awe-inspiring natural wonder, take the road less traveled and head to the North Rim. Here you’ll enjoy a quieter, less commercialized and more laid-back experience.

To put things in perspective regarding distances, the North Rim is 207 miles from Flagstaff, Ariz. and 275 miles from Las Vegas. Though it’s only 10 miles as the crow flies to get from the South to the North Rim, we mere mortals need to drive 220 miles (about four hours) to make the trip.

The North Rim gives visitors the opportunity to get to know the canyon and its awe-inspiring beauty in a very individual and personal way, as you don’t have to share it with the masses. Just imagine no jostling for position, nobody getting in the way when you try and take those perfect photos, and no congestion on the trails.

This remote and rugged realm offers solitude and peace as you explore the canyon’s remarkable geology while marveling at its immensity. Spanning an impressive 227 miles long and averaging over 10 miles wide, the canyon was formed by mil-

see STONE page 16 ►



There are spectacular views at the Grand Canyon’s North Rim, and far fewer crowds to get in your way as you marvel at the wonders. Photo courtesy of Debbie Stone

### WANDERLUST



BY DEBBIE STONE  
TRAVELSTONE@COMCAST.NET  
TRAVEL WRITER

# HEALTH AND WELLNESS

## Feeling blue ... not a normal part of aging

September is Suicide Prevention Month. Much of this time is focused on younger people experiencing depression. But seniors make up a disproportionate amount of death by suicide cases in the United States.

### HEALTH & WELLNESS



BY MICHELLE REITAN  
HEALTH & WELLNESS  
DIRECTOR, EDMONDS  
WATERFRONT CENTER

dealing with a serious illness can leave people feeling sad or anxious. After a period of adjustment, many older adults can regain their emotional balance, but others do not and may develop depression.

#### Recognizing Symptoms of Depression in Older Adults

Depression in older adults may be difficult to recognize because they may show different symptoms than younger people. For some older adults with depression, sadness is not their main symptom. They may have other, less obvious symptoms of depression, or they may not be willing to talk about their feelings. Therefore, doctors may be less likely to recognize that their patient has depression.

Sometimes older people who are depressed appear to feel tired, have trouble sleeping, or seem grumpy and irritable. Confusion or attention problems caused by depression can sometimes look like Alzheimer’s disease or other brain disorders.

Older adults also may have more medical conditions, such as heart disease, stroke, or cancer, which may cause depressive symptoms. Or they may be taking medications with side effects that contribute to depression.

#### Causes and Risk Factors for Depression

Several factors, or a combination of factors, may contribute to depression.

**Genes** – People with a family history of depression may be more likely to develop it than those whose families do not have the illness.

**Personal history** – Older adults who had depression when they were younger are more at risk for developing depression in late life than those who did not have the illness earlier in life.

**Brain chemistry** – People with depression may have different brain chemistry than those without the illness.

**Stress** – Loss of a loved one, a difficult relationship, or any stressful situation may trigger depression.

#### Vascular Depression

For older adults who experience depression for the first time later in life, the depression may be related to changes that occur in the brain and body as a person ages. For example, older adults may suffer from restricted blood flow, a condition called ischemia. Over time, blood vessels may stiffen and prevent blood from flowing normally to the body’s organs, including the brain.

If this happens, an older adult with no

see REITAN page 13 ►



## Six special ways to celebrate grandparents

Ask anyone to recall their most treasured childhood memories, and you’re likely to hear tales about time spent with loved ones, grandparents in particular. As an adult, you may find yourself wondering how to help your kids create those magical moments with their grandparents. However, strengthening their bond with a beloved grandparent may be easier than you think.

**Take a trip back in time.** Asking your grandparents about the good ol’ days may seem cliché, but

it’s a wonderful way to discover new reasons to appreciate your elders as unique individuals with intriguing perspectives.

Encourage your kids to ask their grandparents what life was like during their youth or how they imagined life in the 2020s would be. They can compare notes on their bucket lists; they might even find something to cross off the list together.

If you share a love of history, talk through the family tree and capture all the stories that define your family through the years.

**Share a meal or dessert.** It may seem like a small gesture, but making a point to share a meal

see CELEBRATE GRANDPARENTS page 13 ►

Board games and other planned activities can strengthen bonds with grandparents, especially when they live far away.

## Home cleaning hacks for Fall

Cooler fall temperatures mean you’re likely to spend more time indoors. Taking time to spruce up inside and out can make you more comfortable and give you peace of mind that your home is tidy, clean and prepared to weather the months ahead.

#### Tidy Outdoor Spaces

Before stashing your lawn care equipment, give your home and landscape some end-of-season attention. Use a power washer to clean lawn furniture and store it away from the elements or use covers to protect it. Clean out gutters and remove debris from flower beds to encourage proper drainage.

#### Check for Repair Projects

Give your home a thorough inspection to identify any problems that need attention before cold weather sets in. Look for concerns like loose shutters or siding, cracked or loose shingles, cracks and gaps around doors and windows that may allow moisture or cold air to creep in. Severe weather and cycles of freezing and thawing can exacerbate these problems, so it’s best to make repairs before they result in major damage.

#### Eliminate Dirt and Dust

Moving indoors, take time to remove any dirt and grime that has accumulated. Wash

textiles like curtains and rugs. Wipe down kitchen and bathroom surfaces with an antibacterial solution. Dust other parts of the house, including blinds, windowsills, baseboards and other hard-to-reach places.

When it comes to vacuuming, make sure to keep floors clean and free of outside dirt all season long with an all-around cleaner that can vacuum and mop simultaneously, like the DEEBOT OZMO T8 AIVI. It provides hands-free cleaning you can control via smart home devices. With a built-in HD camera, the AI-powered robot identifies

see HOME CLEANING page 13 ►

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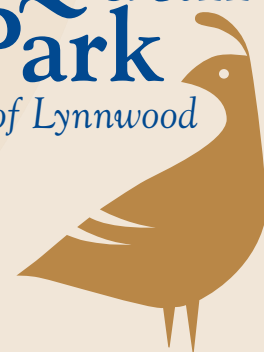
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► from **CELEBRATE GRANPARENTS** page 10

or dessert with a grandparent, especially one who lives alone, can have a marked impact. In a comfortable, family setting, you can gather together while using the time for your kids to catch up with their grandparents and share stories.

**Hit the road together.** It’s often said that there’s no better way to get to know a person than to travel together. Pick a new place and make it an adventure to remember for

your kids and their grandparents. Map out the route together as a family, choosing the landmarks, activities and pit-stops you want to make along the way. Be sure to document the journey as a precious keepsake for yourself and your kids, and package those memories in a photobook or scrapbook as a gift for the next birthday or holiday.

**Create a care package.** If distance keeps you apart, you can still find creative ways for your children to spend time with their

grandparents. Assemble a package with some of their favorite treats, mementos, activities or games from your local old country store and plan to open the package together virtually on a phone call or video chat. **Relax in a rocker.** Settling into a comfy seat and rocking your cares away only gets better when you share the moment with someone dear to your heart. Gather your kids to sit back, relax and enjoy a thoughtful conversation with their grandparents while soaking up the time and simply unwinding

together. **Engage in a little friendly contest.** Tap into your children’s playful side and competitive spirit with some good-natured game time. Help them choose an easy but engaging game, like the beloved peg game found on tables at Cracker Barrel, to share with their grandparents. Play best of five or create a tournament and play rounds against other family members, too.

– Family Features

► from **REITAN** page 11

family history of depression may develop what is sometimes called “vascular depression.” Those with vascular depression also may be at risk for heart disease, stroke, or other vascular illness.

Depression Can Co-Occur with Other Illnesses

Depression, especially in middle-aged or older adults, can co-occur with other serious medical illnesses such as diabetes, cancer, heart disease, and Parkinson’s disease. Depression can make these conditions worse and vice versa.

Sometimes medications taken for these physical illnesses may cause side effects that

contribute to depression. A doctor experienced in treating these complicated illnesses can help work out the best treatment strategy. All these factors can cause depression to go undiagnosed or untreated in older people. Yet, treating the depression will help an older adult better manage other conditions he or she may have.

Preventing Depression

There are steps you can take to lower your risk of depression. Try to prepare for major changes in life, such as retirement or moving from your home of many years. Stay in touch with family. Let them know when you feel sad. Regular exercise has shown to be very helpful in preventing depression or to lift your mood if you are depressed.

► from **MILLER** page 10

How to Get Help

If you believe your aunt may need a representative payee, call Social Security at 800-772-1213, and make an appointment to discuss the matter at her local office. Applying to serve as a payee usually requires a face-to-face interview. Social Security may consider other evidence in deciding if a beneficiary needs a payee and selecting the person to fill the role, including doctors’ assessments and statements from relatives, friends and others in a position to give an informed opinion

about the beneficiary’s situation. You should also know that if you become your aunt’s representative payee, you cannot collect a fee for doing it. However, some organizations that serve in the role do receive fees, paid out of the beneficiary’s Social Security or SSI payments. For more information on the program visit [SSA.gov/payee](https://ssa.gov/payee).

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit [SavvySenior.org](https://SavvySenior.org). Jim Miller is a contributor to the NBC *Today* show and author of “*The Savvy Senior*” book.

It’s time to prepare for fall, and time savers like robot vacuums can help free you up for more enjoyable endeavors.



► from **HOME CLEANING** page 11

common household obstacles and intelligently determines how to clean around them, while also providing on-demand home monitoring. Complete with laser mapping and navigation technology to scan and map your floors for faster cleaning and fewer missed spots, it is also compatible with an optional, automatic emptying station that allows for up to 30 days of fully maintenance-free cleaning. **Promote Air Quality** In addition to keeping floors clean and allergens under control, there are other steps you can take to promote better air quality while you’re spending more time indoors. Scheduling service for your furnace can

help ensure it’s in good condition before cold weather hits. This is also a good time to replace your air filter and consider a duct cleaning. Take time to clean ceiling fans and reverse the blades so the air circulates but fans don’t create a chilling effect. **Swap Seasonal Essentials** A new season brings change, whether it’s simply swapping out your wardrobe or gearing up for a busy season of school activities and sports. Make time to put away out-of-season clothes and other necessities to make room for the things you’ll need for the autumn months. Keep only the things you need and store the rest to help keep clutter under control.

– Family Features



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# More vino: Dusted Valley opening tasting room

BY BRIAN SOERGER  
EDMONDSEDITOR@YOURBEACON.NET

There are several breweries and numerous drinking spots in town where you can down a frothy beer from the tap or sample a flight of beers.

Wine, of course, is abundant, but Edmonds hasn't been home to a wine-tasting room. Now, there are two coming, and both will no doubt be part of upcoming Edmonds Wine Walks.

Less than a month after The Beacon reported that Richmond Beach-based Virtue Cellars plan to open a room at Main Street Commons next year, there's word of another.

Dusted Valley, based in the wine-centric Walla Walla Valley, announced that it plans to open a tasting room next month in Edmonds at 201 Main St., home to People Bank and two stories of condos.

The winery also has a location in Woodinville, where it has a \$20 tasting fee that is waived with wine purchase.

"Our family can't wait to become a part of this vibrant, growing waterfront community," the winery posted on its Facebook page.

The winery's fall selection – six new releases – debuts Thursday, Sept. 16. Members are part of the "Stained Tooth Society."

"Our thoughtfully designed, custom space is in the heart of Edmonds and just a short walk from the Edmonds-Kingston ferry," the winery wrote.

"The build-out is still in process, so you'll just have to use your imagination for now, but don't forget to include a covered, heated patio, roll-up door, comfy furniture, and your favorite DV wine."

Dusted Valley was founded by the Johnson and Braunels families of Wisconsin.

Today, under the Dusted Valley and Boomtown labels, the family farms three estate vineyards and crafts what they call "honest wines with a sense of place."

That place now includes Edmonds.



► from **MORE LETTERS** page 5

Crank for Edmonds City Council.

I am a Hispanic woman, and wanted to support her two years ago when she ran for Edmonds City Council. But for the same reasons I did not support her then, I cannot support her now.

According to Alicia's website and her campaign mailer she is currently serving on six boards, commissions, and committees. While this may look great on her resume or LinkedIn profile, it does not describe her role or work products produced as part of serving on any of these organizations. Simply, being an "attende" doesn't cut it.

Alicia wrote an article, found in LinkedIn, when she served as corporate relations officer for the YMCA Seattle/King/Snohomish,

May 27, 2014. In this article she discourages folks from being on multiple boards.

Alicia writes, "There is nothing wrong with being on more than one, but if your (you're) replicating non-participation, it's not good for anyone. A few years ago I became a "hot commodity" and ended up being on five nonprofit boards.

"A few months in, I realized that I could not give as much as I wanted to or as much as they deserved. I made the decision to resign off four of them when my year was up. I didn't want to be a name-only board member."

So, in 2014, Alicia served on five boards, commissions, and committees and found that she couldn't give them the time they deserved, so she resigned from four of them. Yet, today, seven years later while

running again for Edmonds City Council, she is serving on six.

Is she really serving our Edmonds community or simply padding her resume to present "a long history of service" as written on her campaign literature?

Today, Alicia's own campaign website and campaign mailer lists her as presently serving on the following boards, commissions, and committees:

Vice-Chair Edmonds Planning Board (2016-present); Chair, Snohomish County (Paine Field) Airport Commission (2018-present); Hazel Miller Foundation Board (2021-present); Project Girl Board (2021-present); Alliance for Eastside Agencies Board (2020-present); Snohomish County Tomorrow Steering Committee (2020-present); Edmonds Rotary Club Board; Edmonds Senior Center Board; Edmonds Chamber of Commerce Board; and Edmonds Sister City Commission.

I would not have given Alicia's impressive list of boards, commissions, and committees a second thought if it were not for the enormous amount of time I spent on just one advisory group to the Nursing Care Quality Assurance Commission.

In addition to my normal hours of work, it involved an enormous amount of research, analyzing data, writing, and frequent stakeholder meetings.

Comparing that experience to Alicia's resume, there is simply no way that I could have "served" on just one more group, commission, or board and produced a work product that was acceptable to the Washing-

ton State Nursing Commission, any other commission, or to myself.

Is Alicia "serving" or is she an "attende," in name only, to prop up her resume or LinkedIn profile? Which candidate – Kristiana Johnson or Alicia Crank – has, in fact, years of proven service on her resume?

Who has the experience and is more qualified and ready to serve the residents on Edmonds City Council? Look at the facts. What is real? You decide.

Alicia writes in her May 27, 2014 article: "Board service looks great on a resume or LinkedIn." I can't deny that. However, it appears that in Alicia's case – at this moment in time – it is just fluff, smoke and mirrors intended to divert your attention and falsely impress you, to make you think she is qualified for the elected position she is seeking.

Currently serving on six boards, commissions, and boards and "a history of service" touted on campaign literature? Really? You decide.

We need city councilmembers like Kristiana Johnson, who are critical thinkers, who don't pander to outside special interest groups, who look at and analyze data, bring in stakeholders, weigh the pros and cons, and then make a decision that is good for all Edmonds residents. You decide.

Kristiana Johnson has my vote in November. Nonpartisan. Ready to serve all of Edmonds. No fluff, no smoke and mirrors, just quality, grit, and proven service.

*Theresa Campa Hutchison  
(Ret) Registered Nurse  
Edmonds*



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A close-up photograph of a baby seal resting on a sandy beach. The seal has a mottled brown and grey pattern on its head and neck, with darker patches around its eyes. Its body is covered in a similar patterned fur. The seal is lying down, with its head turned slightly towards the camera. The background is a sandy beach with some small pieces of seaweed or debris.

## Through Your Lens | *Getting Much-needed Rest*

This baby seal was spotted at Brackett's Landing North Tuesday afternoon. "Red warning tape and a sign was out to keep your distance so the baby can sleep, which is vital for its survival," said photographer Lisa Hanson. "Mama could be seen popping her head up periodically from the water, checking on her baby." Good to remember that babies also have sharp teeth, Hanson added.

Photo courtesy of Lisa Hanson

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Peter Knutson: 1935-2021

Dr. Peter H. Knutson, retired Associate Professor of Accounting Emeritus at the Wharton School of Business, University of Pennsylvania, died at home in Edmonds from complications related to advanced prostate cancer on Saturday August 21, 2021. He was 86 years old.

Peter grew up in Beloit, WI, earned his BBA and MBA from the University of Wisconsin-Madison and his PhD from the University of Michigan.



cial Accounting Policy Committee of the Association for Investment Management and Research (AIMR), a member of the steering committee on Earnings Per Share for the International Accounting Standards Committee (IASC).

His professional responsibilities took him to Australia, Spain, South Africa, Geneva, Great Britain, Tokyo and Saudi Arabia.

In 2005, the Drs. Knutson relocated to Edmonds, WA to be closer to family and embraced their new community through their appreciation of all that Edmonds offers, particularly the Arts.

Peter made several close friends through the charm of Peter's apricot poodle, Jasper, and their philanthropy and love of the Edmonds Center for the Arts, where Peter served on the Board for a year.

Peter was a Norwegian, Packers fan, intellectual, book and music lover, and master of the bad pun who will be greatly missed by family and friends.

He is survived by sister Sandra, wife Susan, sons Chris and Charles, daughter Carol, and grandchildren Ben, Alex, Carly, Freja, Grace and Chad.

Donations in his memory can be directed to the Edmonds Center for the Arts.

Patricia Anne Powers: 1930-2021

Patricia Anne Powers passed away peacefully Jan. 9, 2021, at the age of 90.

Born in Durban, South Africa, on Nov. 20, 1930, to Wells and Belle Evans, Anne was the oldest of three children. Her family had lived in Durban, Cape Town, and Johannesburg until 1946, when the family moved to St. Claire, Mich., and lived there until Anne's graduation from St. Clair High School in 1948. The family then moved to Seattle and bought a home at the north end of Lake Washington.



occasionally — playing very small parts — and was thrilled to be in the first production performed in the group's very own theater.

Love of theater, music, travel, reading, and gardening occupied Anne's spare time. She also enjoyed knitting, painting, and sketching. With their shared love of music and travel, she and Allen traveled to many countries over the years, as well as traveling in the States to as many jazz festivals as they could. They loved Cannon Beach, Oregon, and would try to go there every year in between other adventures.

Anne attended the University of Washington for a year, then went to business school. In 1950, Anne met Allen Powers, and they married in 1951. They lived in the Union Bay Village Veterans housing, as Allen was still attending the UW. There, they had the first of their six children.

Shortly after Allen's graduation, they moved to Anacortes, then back to Seattle, and finally to Edmonds in 1956, where they purchased their first home.

In 1967, Anne began a family day-care business in their home. She continued for 27 years with only a 15-month break to go back to college to see what she "wanted to become when I grow up"; she was 50 at the time. Anne found she missed her little ones, and resumed her day care.

Anne became involved with the Edmonds Driftwood Players when it formed in 1958 and became really involved in 1967, doing all sorts of jobs: publicity, box office, assisting with the set building, etc. She also acted

Anne felt blessed to have found Allen as her life companion, to be the mother of six beautiful children, grandmother, and great-grandmother, and aunt to so many more wonderful gifted children.

Anne is survived by five of her children: Michael (Cathy) Powers; Valerie Mastrullo (Don Beriault); Chris (Ed) Cloudy; Terry Jackson; Derek (Kimberly) Powers; as well as her brother, Barry (Grace) Evans.

She was preceded in death by her daughter, Meredith Powers, husband C. Allen Powers, and younger sister, Carole Grayston Amsberry.

Anne valued her friendships, some that had begun when her children were very young, and others that began and flourished over the years.

A celebration of Anne's life will be held Sunday, Sept. 26, outside in the covered area at Hickman Park, 23700 104th Ave. W., Edmonds, from 1-4 p.m. In lieu of flowers, please bring smiles and happy memories.

Thomas M. Parrish: 1954-2020

Thomas Parrish passed away on March 11, 2020. Due to the pandemic, the memorial services were delayed but are now scheduled for Sept. 21, 2021. Our family respectfully ask all those attending to be fully vaccinated against COVID-19, and to RSVP to thomasparrishmemorial@gmail.com.

The funeral service will be held Sept. 21 at 1 p.m. at Florence Henry Chapel, The Highlands. The chapel is accessed through the main gate of The Highlands, located at 14823 Boundary Lane



NW, Seattle; let the guard at the gate know you are attending a memorial service at the chapel, then follow the small white directional signs.

A reception will take place after the conclusion of the service at a private home in Edmonds, the address of which will be provided upon RSVP.

Tom's obituary, originally published in March of 2020, can be found at [https://www.edmonds-beacon.com/search/thomas\\_parrish](https://www.edmonds-beacon.com/search/thomas_parrish).

Carolyn Jean Belanich: 1934-2021

Carolyn Jean Belanich, born May 10, 1934, in Wallace, Idaho, passed away Sept. 6 in Edmonds. Her family moved to Spokane in 1936, where she lived for six years during the height of World War II.

In 1942, Carolyn's family moved to Seattle and later relocated to Bellevue, where she graduated from Bellevue High School in 1952. She went on to attend the University of Washington, where she planned to major in physical education.

In 1953, she met Darryl Belanich, and they were married Oct. 9, 1954. In 1958 they moved to Edmonds and made it their permanent home where they raised their family. They were married for 59 years before Darryl passed away on Jan. 8, 2014.



ing baskets of flowers.

She gave to many charities, and it brought her much joy to donate food to the Westgate Chapel food bank. She was a member of Westgate Chapel, and loved every Sunday service she regularly attended. She was a devout Christian woman who often shared her deep love of Christ with others.

Carolyn is survived by her children, Deborah "Debbie" Hawley (David) of Lummi Island; Barbara Kostelyk (Jordan) of Edmonds; David Belanich (Tess) of Stanwood; Patricia Andreassen of Edmonds; and John Belanich of Woodinville. She is also survived by eight grandchildren and 10 great-grandchildren, numerous nieces and nephews, sister Marge Mae Sigurdson, and brother-in-law Roger Belanich (Susan). Carolyn was pre-deceased by her husband, Darryl Nicholas Belanich, and sisters Gwen Lee House and Virginia Ann Burns.

In lieu of flowers, the family asks that donations be made to the Pediatric Brain Tumor Research Guild.

An outdoor service will be held Friday Sept. 17, at 3 p.m. at Acacia Memorial Park, 14951 Bothell Way NE, Seattle. Viewing will be at Peoples Memorial Friday, Sept. 17, from 10:45 a.m. to 12:45 p.m. at 2011 and First Ave. N, Seattle.

There will be a celebration of Carolyn's life at Westgate Chapel at a future date.

Carolyn led a very active life, both physically and socially. In fact, most who knew her would describe her as a social butterfly and the fittest person they knew who was 87 years old. For much of her life, she enjoyed bicycling with her husband, Darryl, and they would often go on very long bike excursions.

Carolyn was heavily into physical fitness and, just weeks before her death, she was still swimming laps at a local pool and strolling along the Edmonds beach on warm summer days.

She worked tirelessly in her yard and sometimes even in her children's yards. It was a breathtaking sight to behold on her front porch to see the many beautiful hang-

Geraldine Harper: 1943-2021

Geraldine "Jerry" Harper, 78, of Edmonds, died on Sept. 4, 2021, at home with her family. Known as "the QUEEN," Jerry was a grocery bagger at QFC in Edmonds for 27 years. Both co-workers and customers loved her.

She loved traveling, mystery novels, jigsaw puzzles, cross-stitching, poker machines, Starbucks, Snickers, and picking weeds. She is survived by her husband, son, daughter-in-law, and five grandchildren. A celebration of her life will be held at Beck's Tribute Center in Edmonds on Saturday, Sept. 18, at 1 p.m. It will be live streamed on her tribute page at [www.beckstributecenter.com](http://www.beckstributecenter.com).

In lieu of flowers, contributions to Saint Jude's Children Hospital in her memory would please her.



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# Fire at Edmonds businesses suspected to be arson

BY BRIAN SOERGEL  
EDMONDSEditor@YOURBEACON.NET

The early Saturday morning fire that severely damaged all businesses at the Plum Tree Plaza in Edmonds is being investigated as arson. Edmonds Police detectives are working with South County Fire, as well as agents from the Alcohol, Tobacco, Firearms, and Explosives (ATF) as they continue the investigation.

According to Edmonds Police Sgt. Josh McClure, interim assistant police chief, the incident unfolded just after 5:30 a.m. Saturday, Sept. 11, with reports of flames coming from a business within the strip mall at 22315 Highway 99, between 220th and 224th streets northwest.

Fire and police were on the scene within minutes of the calls to 911, and firefighters were eventually able to contain the three-alarm blaze. Shoreline Fire, Northshore Fire, and Snohomish Regional Fire & Rescue responded to assist South County Fire.

According to South County Fire spokesperson Leslie Hynes, firefighters arrived to flames rolling out the front window of an Indonesian market, one of 14 businesses in



Photo courtesy of South County Fire

Left, what remains of the building after getting the fire under control. Above, a fire early Saturday morning affected all 14 building of Plum Tree Plaza on Highway 99 in Edmonds.

the L-shaped building.

All businesses – including Wonton Noodle House and Tapioca Express – were closed, and no one was inside the building at the time of the fire. It took firefighters about 40 minutes to get the fire under control. No one was injured.

About 75 firefighters were at the scene, as well as multiple area law enforcement personnel.

Evidence from the scene appeared to show that the blaze started in one specific business, but multiple units were destroyed, McClure said.

The entire building suffered damage to some extent from smoke and/or water.

South County Fire requested the assistance of the ATF. Edmonds PD detectives also responded, and applied and received a search warrant for the property, McClure said. Evidence collected at the scene by the

fire marshal and ATF suggests that the fire was set intentionally.


Edmonds detectives are continuing to work with ATF on the investigation to include collecting surveillance footage from area locations.

Edmonds PD is asking for assistance from the community for anyone who may have information about who is responsible for this arson. You can call the tip line at 425-771-0212 or email [policetips@edmondsnw.gov](mailto:policetips@edmondsnw.gov).

## Vaccines mandated at Prosecutor's Office

Those who work at the Snohomish County Prosecutor's Office in Everett must get the COVID vaccine or face losing their jobs, according to Snohomish County Prosecutor Adam Cornell.

"The pandemic has had our community by the throat for far too long," said Cornell.



"My decision to impose a vaccine mandate is a necessary and effective means to loosen COVID-19's grip for my employees, their loved ones, and all of our Snohomish County law and justice partners."

All employees and volunteers, as a qualification of fitness for continued employment, must be fully vaccinated against COVID-19 by Nov. 15. Individuals are fully vaccinated two weeks after their second dose in a two-dose series, such as from Pfizer or Moderna vaccines, or two weeks after the single Johnson & Johnson vaccine.

Employees will need to complete a vaccination certification documenting their fully vaccinated status.

Those with religious or medical exemptions may request accommodation.

In addition, superior and district court employees must be fully vaccinated by Nov. 1 or request an exemption.

– Brian Soergel

## POLICEBEAT

SEPT. 6

**SIMMER DOWN**  
Female was trespassed at a local diner for causing a disturbance. 300 block Main St.

**SIGN O' THE TIMES**  
Female trespassed after causing disturbance over wearing a mask. 100 block Main St.

**COUCH SURFING**  
Female trespassed after sleeping on front porch of residence. 200 block Beach Place.

**FREE CASH**  
Female has money stolen through a Craigslist scam. 8600 block 244th St. SW.

**COOL NATURE**  
Subject, possibly on narcotics, seen loitering near a trail bordering residential apartments. The subject was contacted. No evidence of a crime.

SEPT. 5

**QUOTIDIAN**  
Catalytic convertor stolen from Prius parked in apartment complex. 7300 block 210th St. SW.

**A NEW LIFE**  
Subject overdoses on narcotics; the subject was revived and transported to the hospital. 9300 block 215th St. SW.

**FELONY THEFT**  
Vehicle has windows broken and items stolen from inside. 23200 block Highway 99.

**JEWELRY HEIST**  
Female shopper has jewelry stolen from local store parking lot. 22500 block Highway 99.

**THESE ARE MY ONLY INTENTIONS**  
Female arrested for intentionally damaging a person's vehicle. 23800 block Highway 99.

**UNKNOWN CITIZEN, UNKNOWN KEYS**  
Unknown citizen turns in two keys on a Van's keyring that was

see **POLICE BEAT** page 20 ►

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► from **QUICK FIX** page 1

to Swedish Edmonds, but after waiting there all day, there was no room for me due to the abundance of COVID patients, and I was transferred to a hospital in Seattle,” Bardsley said this week.

“The hospitals ran a bunch of tests on me, including an MRI and CT scan, and every exam they administered ruled out a stroke.”

Bardsley’s condition meant that she knew who she was, who the people in her life were. But the past half-year? Wiped out.

“I didn’t know that scientists had invented a COVID vaccine, for example, or that we had recently purchased a new couch,” she said. “My husband told me these facts over and over again because he said it was fun to witness my excited reaction.

“There’s a COVID vaccine? That’s incredible! We got a new couch? How did I talk you into that? He wrote down a list of things I wanted to know, and I read the list hundreds of times. As soon as I finished reading the page, I had already forgotten what was on it.”

**Delayed story**

The Beacon had scheduled a feature story on Bardsley – an Edmonds young-adult author and newspaper columnist – in March. We had a completed story from University

see **JENNIFER BARDSLEY** page 19 ►

► from **STONE** page 10

lions of years of erosion. Leave it to the mighty Colorado River for painstakingly carving through layer after layer of rock, exposing a palette of breathtaking hues.

One of the best panoramas of the canyon is at Bright Angel Point. Take the short trail, which you can easily access behind the Grand Canyon Lodge, for breathtaking vistas of the canyon buttes and rock temples. Prepare to be wowed any time of the day, but at sunset, the sight is beyond description.

Hikers have a variety of choices with rim-hugging paths and trails that wander through a blend of forest and canyon scenery. The North Rim actually has the highest concentration of plateau-top trails in the Grand Canyon. And from most points (unlike at the South Rim), you’ll be able to see all the way down to where the Colorado River runs. Also, the higher elevation means you’ll have several opportunities for more comprehensive and drool-worthy views of the canyon.

If you want to get a true taste of the canyon’s inner sanctums, the North Kaibab Trail is the only option. Though it’s an arduous, 14-mile trek to the bottom of the canyon, you don’t need to go very far down in order to gain an appreciation of this majestic gem. Just remember, you will have to get back up! Mule rides are also an option for those



Photo courtesy of Debbie Stone

**Visitors will find local wildlife, such as these bighorn sheep, are sometimes easier to spot at the quieter North Rim of the Grand Canyon.**

interested in going into the canyon.

A definite must for visitors is the Cape Royal Road. This winding, 25-mile drive has several pullouts for dramatic scenic over-

looks and trail access. Take your time and savor the experience. Just accept that you’ll never have enough pictures of Mother Nature’s pièce de résistance.

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**PUBLIC NOTICE**

Notice to former employees of XPO Logistics Supply Chain INC. located at 2600 94th St SW Suite 175 Everett, WA 98204 who were laid off or will be laid off due to a lack of work starting March 16th, 2020 may be eligible for job training, additional unemployment benefits and other programs. Contact the TAA Hotline at 425-861-3704 for instructions on how to connect to a Trade Act case manager. Deadline for enrollment is 06/29/2023. Certification number: 96799. Expiration date: 06/29/2023.

**SOLUTIONS**

Al-anon and Alateen is a support group for friends and families of alcoholics. For a list of local meetings go to www.dist23.org or call 425-348-7828.

Is compulsive eating a problem for you? Overeaters Anonymous meetings are currently virtual. Free. We welcome newcomers. See info on meetings at: www.seattleoa.org/meetings

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► from **JENNIFER BARDSLEY** page 18

of Washington student Hanna Fisher, part of the school News Lab, on the calendar, ready to go in a few weeks.

But when we learned about Bardsley’s condition just before publication date, we knew we had a different kind of story, one we couldn’t disregard. We thought it might help shed some light on this rare condition, and how a well-known Edmonds resident dealt with it.

On April 5, we emailed Bardsley about a picture, which she sent.

The next day, we asked about an interview. But she said she was only four days out from her amnesia and would prefer to wait before being interviewed.

“I’m still in the recovery process,” she replied after sending a photo of herself by the ferry terminal. “I could perhaps do a follow-up later though, once my memories are more reliable. I didn’t remember sending you this picture, for example.”

Doctors told Bardsley that her condition could have had a number of causes, including exercise, stress, dipping into cold water, and even family history.

“In my case, the TGA happened while I was exercising, but it was also during the lead up to publishing three books this year.”

Those books were “Sweet Bliss” and “Good Catch” from Montlake Publishing, and “Quick Fix” from Owl Hollow Press. Technically, she said, she has four books releasing this year as the German edition of “Sweet Bliss,” titled “Neuanfang in Harper Landing,” arrives in November.

Bardsley will speak about her latest book, “Quick Fix,” in a Facebook Live virtual conversation 6-7 p.m. Thursday, Sept. 16, in a presentation sponsored by the Edmonds Bookshop.

She will also sign copies of her books Saturday, Sept. 18, from noon to 1 p.m.

Bardsley wrote “Quick Fix” under her pen name, Louise Cypress, although she’s used her given name for other books she’s written.

“Quick Fix” is a young-adult sci-fi thriller and companion to a previous book, “Narcosis Room,” a young adult urban fantasy thriller.

The writing process

On the third floor of the Francis Anderson building in Edmonds sits a desk in a hallway outside a ballet studio.

When the light would turn on at the desk, Bardsley was likely entering her zone of creative production of young adult novels while her daughter attended preschool on the first floor.

“I would turn on the light, and I would just write for the whole three hours she was at preschool. Then I would go back downstairs and I would pick her up, and I would be done writing for the day,” she said. “And that’s how I wrote ‘Narcosis Room.’”

Bardsley is nothing if not prolific.

Despite the difficulties of balancing family life and a writing career, Bardsley has produced numerous books that have become popular among young adults. In addition, she’s written a column in the The Daily Herald for more than eight years.

This sense of commitment to making time for her children as well as her writing is reflected in Bardsley’s work ethic and determination.

As a mother, she is actively involved in her children’s lives, making her work schedule flexible in order to balance both writing and parenthood.

Even before her amnesia, the COVID-19 pandemic created additional challenges for Bardsley. It gave her the responsibility of managing her daughter’s virtual schooling while teaching her son how to drive. This meant her writing was often put off until the evening – there were other tasks that beckoned.

“With the flexibility of being a writer, I was able to flip my schedule, and most working parents can’t do that. I can, which means I don’t get to start working on my craft until I’m totally exhausted from a million other things that day, which does make it challenging,” she said.

Although she’s a writer, Bardsely didn’t specifically study the craft in college.

“My background is in teaching,” she said. “I went to Stanford and got a psychology



Photo courtesy of Angie Langford/  
Verb Photography

Jennifer Bardsley writes young adult novels from her Edmonds home.

Jennifer Bardsley at home, relaxing with a book with her dog, Merlin.

Photo courtesy of Jennifer Bardsley

to self-publish this,’ and my agent said, ‘OK great, but why don’t you do it with a pen name so that if it flops it won’t affect your Jennifer Bardsley sales.’”


Bardsley took the advice and published the book under

the name “Louise Cypress.” She says she chose the name as Louise is her middle name and Cypress is the street she grew up on. This book did well, which sparked Bardsley’s desire to continue self-publishing.

“I loved it and thought, well, I’m going to

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► from **ART STUDIO TOUR** page 1

was pretty easy,” Minor said. “At the time I set up the website, I was mostly doing skeleton stuff. One day when I was looking at my Day of the Dead art collection, it just hit me: “deadart.” I had to add the “my” to get the .com domain name. It also loosely applies to printmaking in that not a lot of people do it.”

After turning 50 in 2005, Minor said he took stock of his life and realized he was, as he said, in a bit of a rut.

“I’d come home from work, have a beer or two, and watch TV. That needed to change. I started looking around at various art classes, and ran across a one-day printmaking class. I wouldn’t say it was a great class, but it was enough to get me to start carving things like Christmas cards and other small, fairly crude pieces.”

It wasn’t until a couple of years later, during a visit to Japan, that he became inspired and began making prints based on photos he took. After much practice and many mistakes, he taught himself how to make a halfway decent print.

“I try not to take myself or my art too seriously, and I enjoy people’s reaction to my sense of humor. These days, I have a beer or two and make art.”

This year marks 10 years that Minor has been exhibiting and selling his art. It was 10 years ago, in fact, that his “Ryoriya, Kyoto” print won first place at the Edmonds Arts Festival juried competition.

Minor’s day job? He was a carpenter for 40 years, the last 15 for the Edmonds School District. He retired this past March.

“I now have no excuse for not producing more art. I think one of the reasons I’m drawn to relief printmaking is I get to use my hands, get dirty, and carve things with tools.”

**Coming up with ideas**

For Minor, like many artists, coming up with an idea can sometimes be the hardest part.

But, he said, once he decides on an idea, he spends a few days drawing it in as much detail as possible. He then transfers it to his linoleum block; the print is the reverse image of the block, so any lettering has to be carved backward.

“I only made that mistake once,” he said.



Chris Minor’s alternative view of the Edmonds ferry dock.

Photo courtesy of Chris Minor

“During the carving process, I pull test prints to see the progress. Once I’m happy with it, I roll ink onto the block, lay a piece of paper on top, and run it through the press. The paper is then pulled off the block and, magically, a new creation appears. It never gets old.”

If you’re a fan of the CBS TV show “Criminal Minds” – and you have a really sharp eye – you may have noticed one of Minor’s ideas in the background in an episode of the show that ran for 15 years.

The story goes like this: A couple of years ago, the set designer for “Criminal Minds” was visiting a friend in Edmonds. She was walking around downtown and happened to go into ARTspot on Main Street.

At the time, Minor had some works on display there, and the set designer took a liking to the artist’s Japanese prints. ARTspot owner Tracy Felix put him in contact with the designer, and she bought several for the show.

“They ended up on the walls of one of the main character’s apartment, so they were seen in a few different episodes,” Minor said. “It was a great opportunity, and I really have to thank ARTspot and Tracy.”

As you might expect, Minor is excited about showcasing his work this weekend, especially

since the pandemic canceled last year’s Studio Tour.

“Much credit goes to Andy Eccleshall and everyone else who helped organize this event each year,” he said. “I’ve got a few new pieces that surprisingly don’t involve skeletons. However, I still have plenty of stuff with skulls and bones.”

Right now, Minor is finishing up the next print in his “Deadmonds” series.

“Each October I do a new Edmonds, or ‘Deadmonds,’ as I call it, print. I figure that since I’ve lived here over 35 years, I can make fun of it, right? This year’s creation is called ‘The Boneyard Express,’ and its setting is ‘Deadmonds Depot.’ Although it won’t be completed or for sale this weekend, it will be available at Artspot in October.”

Minor will have a window display all October at ARTspot, and he will be there for the Edmonds Art Walk Oct. 21.

**Teaching class Nov. 20**

Minor will teach a “Beginning Lino-cut” class Nov. 20 at Cole Gallery, 107 Fifth Ave. S.

“It’s a no pressure, fun day, and you come away with two finished prints,” he said. “Not to brag or anything, but it’s a much better class than the one I took 15 years ago, trust me.”

► from **POLICE BEAT** page 17

found on the ground at 5th and Main. Owner was not located. Booked into evidence for safekeeping. 500 block Main St.

**SEPT. 2**

**HIT AND RUN**

Female reports hit and run from parking lot. 21600 block 76th Ave. W.

**TAKE 3**

Man previously trespassed from business returned and shoplifted. 23600 bock Highway 99.

**STOLEN BIKE**

Bicycle stolen from front porch. 21700 block 80th Ave. W.

**SEPT. 1**

**AGENCY WARRANT**

Female arrested on other agency warrant. 22200 block Highway 99.

**THANK HEAVEN**

Man trespassed from 7-11. 8100 block 238th St. SW.

**PLAN C**

Parenting plan dispute between couple. 8100 block 236th St. SW.

**AUG. 31**

**THAT’LL DO IT**

Female arrested for DUI after driving off of roadway. 8400 block 238th St. SW.

**WHERE YOU AT?**

Female claims a male has been harassing her by putting tracking devices on her and putting unknown drugs on her belongings. 22100 block Highway 99.

**CALLING FREUD**

Subject arrested for theft and obstruction after refusing to ID himself. 21900 block Highway 99.

**AUG. 30**

**LOCKED OUT OF HEAVEN**

Member of church lent religious relic to priest who has now misplaced it and left the state. Lender believes it was stolen. 9900 block 232nd St. SW.

**LOST BACKPACK**

Reporting party lost backpack in downtown Edmonds. 400 block Main St.

**THIS IS ROVER — OVER**

Subject attempted to purchase a dog via an online ad. But the dog was never delivered. 23400 block 94th Ave. W.

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